



# PROGRAMS AND RATES – MEYDAN TENNIS ACADEMY

As of September 2016

## SCHEDULE AND RATES: JUNIOR PROGRAMS

PROGRAM	DURATION	AGE	PLAYER: COACH	SCHEDULE	PER SESSION (AED)		TERM OF 15 WEEKS (AED)	
					NON-MEMBER	MEMBER	NON-MEMBER	MEMBER
Starters Tennis 1 x weekly	60 mins	4 – 16 yrs	4:1	Friday AM Friday PM Sunday PM	140	125	1,950	1,725
Kindy Smashers 2 x weekly	45 mins	3 – 5 yrs	4:1	Monday & Thursday PM Tuesday PM & Saturday AM Wednesday & Saturday PM	130	115	3,500	3,000
Mini Smashers 2 x weekly	60 mins	5 – 8 yrs	4:1	Monday & Thursday PM Tuesday PM & Saturday AM Wednesday & Saturday PM	150	130	4,000	3,500
Hot Shots 2 x weekly	60 mins	9 – 12 yrs	4:1	Monday & Thursday PM Tuesday PM & Saturday AM Wednesday & Saturday PM	150	130	4,000	3,500
Advanced Aces 2 x weekly	90 mins	13 – 17 yrs	4:1	Monday & Thursday PM Tuesday PM & Saturday AM Wednesday & Saturday PM	175	160	4,800	4,350
Intermediate Squad 2 x weekly	120 mins	7 – 17 yrs	4:1	Tuesday PM & Saturday AM	-	230	-	6,450
Development Squad 3 x weekly	120 mins	7 – 17 yrs	4:1	Sunday PM, Thursday PM & Saturday PM	-	220	-	9,000
Performance Squad 3 x weekly	120 mins	7 – 17 yrs	4:1	Sunday PM, Thursday PM & Saturday PM	-	220	-	9,000

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## SCHEDULE AND RATES: ADULT PROGRAMS

PROGRAM	DURATION	LEVEL	PLAYER: COACH	SCHEDULE	PER SERIES (AED)	PER SESSION (AED)	PER PACK OF 4/5 SESSIONS PER MONTH (AED)
Beginners' Clinic	90 mins	1 – 2 (Beginner)	4:1	Sun & Thurs, 8.30 – 10am Mon, Wed & Thurs, 7.30 – 9pm	-	125	400 / 500
Intermediate Clinic	90 mins	3 (Intermediate)	4:1	Sun & Thurs, 8.30 – 10am Mon, Wed & Thurs, 7.30 – 9pm	-	125	400 / 500
Evening Social Clinic	90 mins	4 – 5 (Intermediate)	4:1	Tues & Sat, 7.30 – 9pm	-	125	-
Early AM Cardio Tennis	60 mins	1 – 7 (All levels)	6:1	Tues, 7 – 8am	-	80	260 / 325
Cardio Tennis	90 mins	1 – 7 (All levels)	6:1	Sunday, 7.30 – 9pm	-	100	320 / 400
Tennis Work Out	60 mins	3 – 5 (Intermediate)	5:1	Sun & Thurs, 8.30 – 9.30am	-	100	320 / 400
Inter-Club Ladies Doubles League	120 mins	3 – 6 (Inter / Adv)	6:1	Tues, 8.30 – 10.30am (Div A & B) Thurs, 8.30 – 10.30am (Div C)	2,500	-	-
Ladies Doubles Training	120 mins	3 – 6 (Inter / Adv)	6:1	Mon, 8.30 – 10.30am	-	150	500 / 625
Social Match Play 105	120 mins	3 – 5 (Intermediate)	8:1	Wed, 8.30 – 10.30am	-	100	320 / 400
Social Doubles Mixers	120 mins	3 – 5 (Intermediate)		Fri, 4 – 6pm	-	50	-
Advanced Clinic	90 mins	6 – 7 (Advanced)	4:1	Sun & Tues, 7.30 – 9pm	-	125	400 / 500
Beat The Pro	60 mins	6 – 7 (Advanced)	3:1	Mon & Thurs, 7 – 8am	-	100	-
Men's Singles & Doubles League	Match length	6 – 7 (Advanced)	Teams of 3 - 6	Fri, 10am, 12pm, 2pm	4,500 Per team	-	-

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## SCHEDULE AND RATES: TENNIS FITNESS AND REHABILITATION

PROGRAM	DURATION	LEVEL	GROUP SIZE	SCHEDULE	PER SESSION (AED) NON-MEMBER	PER SESSION (AED) MEMBER	PACK OF 10 (AED) NON-MEMBER	PACK OF 10 (AED) MEMBER
Tennis Strength & Conditioning Group Training	60 mins	All	3 - 6	Sunday AM Monday Evening Tuesday Evening Thursday Evening Saturday Evening	150	125	1,250	1,000
Sports Conditioning Class	60 mins	All	4 - 10	Monday Evening Tuesday AM Wednesday Evening Thursday AM Saturday Evening	100	80	860	650
Circuit Training TRX	60 mins	All	3 - 8	Tuesday Evening Saturday AM	-	100	-	320/400 Per 4/5 sessions / month
Strength & Conditioning Private 60	60 mins	All	1	Planned around your scheduled	325	300	3,000	2,750
Strength & Conditioning Semi-Private 60	60 mins	All	2	Planned around your scheduled	225	200	2,000	1,800

## PRIVATE AND SEMI PRIVATE LESSONS

JUNIOR & ADULT LESSONS	LEVEL	DURATION	PLAYER: COACH	PRICE PER PLAYER / SESSION		PRICE PER PLAYER / PACK OF 10 SESSIONS	
				NON-MEMBER	MEMBER	NON-MEMBER	MEMBER
Private 60	All	60 mins	1:1	325	300	3,050	2,750
Private 45	All	45 mins	1:1	275	250	2,500	2,250
Private 30	All	30 mins	1:1	195	180	1,800	1,650
Semi-Private 60	All	60 mins	2:1	225	200	2,000	1,800
Semi-Private 45	All	45 mins	2:1	195	175	1,800	1,600
Semi-Private 30	All	30 mins	2:1	150	135	1,350	1,200
Hitting 60	Int /Adv	60 mins	1:1	300	275	2,750	2,500



## TOURNAMENTS

JUNIOR & ADULT TOURNAMENTS	AGE	DURATION	PER PLAYER (AED)
Junior Tournaments	8 – 16 years		75
Introduction to Match Play	6 – 10 years	120 mins	100
Adults Singles	15 years and above		150
Adults Doubles	15 years and above		125

## PADEL

PADEL LESSONS	DURATION	GROUP SIZE	PER PLAYER / SESSION (AED)		PER PLAYER / PACK OF 10 SESSIONS (AED)	
			NON-MEMBER	MEMBER	NON-MEMBER	MEMBER
Private 60	60 mins	1	300	275	2,800	2,500
Semi-Private 60	60 mins	2	200	180	1,900	1,700
Group for 3	60 mins	3	150	140	1,400	1,300
Group for 4	60 mins	4	140	130	1,300	1,200
Court Rental	60 mins	4 PLAYERS REQUIRED	75	65	650	550

## COURT RENTAL & SERVICES

RENTAL / SERVICE	DURATION	GROUP SIZE	PRICE / SESSION	
			NON-MEMBER	MEMBER
Tennis Court	60 mins	2 - 4	150	100
Same-Day Stringing	24 hours	-	75	60
2-Day Stringing	48 hours	-	60	50

## ANNUAL MEMBERSHIP

ANNUAL MEMBERSHIP	PRICE (AED)
Single	1,800
Double	3,000
Family (3 – 6)	5,000



## MEMBERSHIP PRIVILEGES

- Discounted rates on lessons, and court rental
- Free court rental from 1.00 – 3.00pm every Saturday (pre-booking essential)
- 30% off rack rate at Meydan Golf Course
- 20% off F&B at Meydan Hotel outlets
- 10% off Wilson Pro-Shop equipment and apparel at Meydan Tennis Academy

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