



IN ASSOCIATION WITH
مجلس دبي الرياضي
DUBAI SPORTS COUNCIL



STAY COOL THIS SUMMER WITH TENNIS 360 AND DUBAI SPORTS WORLD

Dubai's premier tennis academy is once again teaming up with Dubai's largest indoor sports venue, Dubai Sports World, to offer a full schedule of indoor tennis clinics, coaching and tournaments this summer.

Dubai Sports World is located in Dubai World Trade Centre, Sheikh Saeed Halls with plentiful parking and easy access via Dubai Metro.

Beat the heat and stay in the rally from 17 May – 8 September 2018!



JUNIOR PROGRAMS

PROGRAM	SCHEDULE	AGE	LEVEL	PLAYER: COACH	DESCRIPTION	PER SESSION	5 SESSIONS
Kindy Smashers	Sunday – Thursday 9 – 10am (60 mins)	4 – 5 yrs	Beg	4:1	Designed specifically for little ones to promote motor skills involving agility and coordination through exercise and games while learning basic tennis skills.	AED 150	AED 685
Mini Smashers	Sunday – Thursday 10 - 11am (60 mins)	6 – 8 yrs	Beg / Int	4:1	Mini Smashers develops your child's basic tennis skills, agility and introduces tennis technique. Mini Smashers can regularly make contact in ball-striking and have basic coordination skills.	AED 150	AED 685
Hot Shots	Sunday – Thursday 11am – 12pm (60 mins)	9 – 12 yrs	Beg / Int	4:1	Hot Shots focuses on improving speed and reaction, developing power and strength, while acquiring technical skills. Hot Shots are able to rally from court with basic technical ability of all strokes.	AED 150	AED 685
Junior Tennis Camp	Sunday – Thursday 12 – 3pm (180 mins)	6 – 16 yrs	Beg / Int	6:1	Our highly-qualified team of full-time coaches conduct a series of drills and games to introduce/advance coordination and fundamental movement skills while improving tennis techniques. The perfect time to keep the kids active and learning through the summer!	AED 315	AED 1,260



ADULT PROGRAMS

PROGRAM	SCHEDULE	LEVEL	PLAYER: COACH	DESCRIPTION	PER SESSION
MORNING CLINICS					
Beginners' Clinic	Sunday 9 – 11am	1-2	4:1	This clinic introduces and develops the student's basic tennis strokes, technical ability and footwork pattern.	AED 158
Ladies Doubles Training	Monday 9 – 11am	3-5	6:1	Weekly training and match play for strategy and tactical pattern of play to improve your doubles game.	AED 158
Intermediate Clinic	Tuesday 9 – 11am	3	4:1	This clinic focuses on the continued progression of the student's technical ability, introducing consistent rallying and match play.	AED 158
Social Match Play 105	Wednesday 9 – 11am	3-5	8:1	2 hours of calculated 105 points-play in singles and doubles rotation. A great way to meet new players and improve your game.	AED 105
EVENING CLINICS					
Advanced Clinic	Sun & Tues 7.30 – 9pm	6-7	4:1	This clinic offers high intensity drills in point situation for advanced level competition players.	AED 158
Advanced Clinic 5.5	Sunday 7.30 – 9pm	5.5	4:1	This clinic is a stepping stone to the Advanced Clinic - high intensity drills in point situation for those moving into advanced level competition.	AED 158
Cardio Tennis	Sunday 8 – 9pm	2-6	6:1	A high energy fitness session combining the best of tennis with cardiovascular exercise to deliver the ultimate full-body aerobic burn!	AED 85
Beginners Clinic	Monday 7.30 – 9pm	1-2	4:1	This clinic introduces and develops the student's basic tennis strokes, technical ability and footwork pattern.	AED 158
Intermediate Clinic	Mon & Wed 7.30 – 9pm	3	4:1	This clinic focuses on the continued progression of the student's technical ability, introducing consistent rallying and match play.	AED 158
Evening Social Clinic	Tuesday 7.30 – 9pm	4-5	4:1	Drills and points play for players who can rally consistently, understand scoring and have the ability to play all the strokes.	AED 158



COURT RENTAL & PRIVATE LESSONS

PROGRAM	SCHEDULE	AGE	LEVEL	PLAYER: COACH	DESCRIPTION	PER SESSION	5 SESSIONS
Private 60 Mins	Sunday to Thursday 9am - 4pm	5 yrs & above	All abilities	1:1	60 mins of personalized tennis or fitness lessons to cater to your ability, goals and schedule.	AED 367.50 (60 mins)	AED 1,680 (60 mins)
Semi-Private 60 Mins		5 yrs & above	All abilities	2:1		AED 236.25 (60 mins)	AED 1,050 (60 mins)
Hitting 60 Mins		10 yrs & above	Int / Adv	1:1	60 minutes of hitting with one of the world- class Tennis 360 pros.	AED 315	AED 1,443.75
Court Rental 60 Mins		5 yrs & above	All abilities	-		AED 105	-

HOW DO I BOOK?



+971 4 447 8960

+971 55 753 7675

info@tennisthreesixty.com www.tennisthreesixty.com

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